

Sports report 2022-2023 of United public school

Physical Education is an integral part of the total education system. It helps in the attainment of the ultimate aim of education i.e. the achievement of holistic development. Games and Sports play a vital role in the student's life. A student should study hard to be successful in competitive examinations. But, he should also play games and sports to enjoy the health and vigour of life. Along with bookish learning, a student should spend his time on games and sports also.

Considering the concept of "SPORTS FOR ALL" throughout the entire session we organized Inter-house tournaments for students. It is one of the largest co-curricular activity programs that offer an extensive opportunity to all the students.

The following events have been organized for the inter-house sports tournaments for students:

- VOLLEYBALL • KHO_KHO • ATHLETICS

Apart from this our school students have won many inter school events.

- Ila mughilan of grade 6 has got 4th place among 200 participants in under 12 long jump conducted by SNS 8th junior athletic meet.
- Dinesh and Ghirishkeshanof grade 11th and Mithun of grade 12 has won consecutive carrom championship in sahodhya for past 3 years.
- Tharunof grade 11th has won 4th place in high jump in SNS 8th junior athletic meet.
- Dikshna and Dhiya of grade 6 has got 2nd place in under 12 sahodhya carrom tournament.

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- Selva dharanya of grade 10 has got 2nd place in under 16 sahodhya carrom tournament.
- Padma Malavika of grade 11 has got 2nd place in under 19 sahodhya carrom tournament.

Team sports:

- Boys under 14 volleyball team had got 4th place among 19 team in sahodhya volleyball tournament.
- Girls under 12 kho-kho team had got 4th place among 23 team in sahodhyakhokho tournament.

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